

HUMAN HOLISTIC HANDBOOK

*featuring **DYNAMITE**[®] Specialty Products*



*“You can trace every sickness, every disease,
and every ailment to a mineral deficiency.”*

Linus Pauling, M.D., winner of 2 Nobel Prizes

ROWAN EMRYS, C.N.M.T.
***DYNAMITE**[®] Gold Director*

A PERSONAL NOTE . . .

This Handbook is compendium of virtually a life-time of interest in health and nutrition starting with working at UCLA Medical Center from 1957-60, through 23 years in the dental field, to becoming a self-employed Certified NeuroMuscular Therapist in 1987. Although I no longer do body-work, my interest in nutrition, the role minerals play in the body, and reading about new and exciting discoveries in the world of science and beyond still is a driving force in my life.

Fortunately my husband, John Hanna, was similarly inclined and has continued to be a partner in all my health-related endeavors while lovingly contending daily with my perennial computer attendance. After over forty years, we still share deep interests in a wide variety of subjects ranging from philosophy to comparative religion, and from history to nutrition. We both read prodigiously.

We are profoundly grateful to our dozens of thought-inspiring mentors over the decades beginning in the very early 1960's with Denver's exceptional Louisa Beatty, D.C. and Boulder's now-famous herbalist Hannah Kroger, all the way up to Jim Zamzow, founder and president of DYNAMITE MARKETING, INC.

Because we believe that it is only through educating ourselves that we can make sound decisions and choices, it is our wish that the ideas contained in this Handbook be shared widely and freely.

*Rowan Emrys
February 2005*