

HUMAN  
PRODUCT  
PROFILE

# ATHLETIC FORMULA™

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**T**his formula high in zinc, is designed to help repair muscles, ligaments, and tendons after workouts. Zinc is also essential for eyes.

However, because of the chromium levels also in the formula, it tends to help maintain blood sugar levels and burn fat.

1-2 per day is all it takes; no more

Some people who take one in the early afternoon claim they no longer have the mid-afternoon slumps they used to.

Taken with dinner, some people find they sleep better since their blood sugar levels no longer slump in the middle of the night causing the adrenals to kick in: a major cause of interrupted or poor sleep.

Others have found they no longer experience sugar and bread cravings when taking the **Athletic Formula.** ■