

This information was generated by Gold Director Rowan Emrys, C.N.M.T., an independent distributor for DYNAMITE® Specialty Products. The views expressed herein do not necessarily reflect those of DYNAMITE® MARKETING, Inc. No claims are expressed or implied, and this information is not intended to diagnose, prescribe or cure.

This is a pure bio-available sulfur, a natural anti-inflammatory which also helps permeability and flexibility of cells. **DYNAMITE® MSM** is human-grade Ultra-Pure *only*. Anywhere you see **sulfur** given as an ingredient in **DYNAMITE®** products, it is this **MSM**.

Louise MacIntosh, Nutritional Consultant, in Well Being Journal says of MSM:

*"Combined with vitamins and amino acids, **MSM** provides the raw materials the body needs to create healthy and flexible cells...Your cell membranes have to stay flexible in order for nutrients to pass in and out of the cell....Deficiencies have been linked with such problems as eczema, acne, brittle fingernails, weak hair and dandruff. **MSM** can provide nutritional support for your body's production of collagen, a substance which makes skin smooth and helps minimize wrinkles and scars."*

*"Arthritic patients have reported substantial pain relief when supplementing with **MSM**, since it promotes flexibility of the cells. Flexible cells allow fluids and toxins to pass through,.....which may help prevent the pressure build-up in the cells that causes inflammation in the joints."*

*"In some cases, the addition of **MSM** may actually help improve digestion and the absorption of nutrients by helping to heal inflammations of the intestinal tract."*

*"People taking **MSM** have reported increased alertness with mental calmness and elevated mood." Terri L. Saunders, Herbalist, Bringing Light into the Darkness of Depression*

John Metcalf, DVM, says, *"In horses, I use **MSM** anywhere I want to reduce inflammation and enhance circulation. That's the name of the game in getting repair of an inflamed or damaged part."*

*"**MSM** is a methyl donor, which makes it a player in fat and energy metabolism. Also, **MSM** is an excellent source of metabolically available sulfur, a fact of no small significance . . . **MSM** has been used successfully. . .to help, or cure: epiphysitis; navicular disease; arthritis; pulmonary hemorrhage (bleeders syndrome); dull hair coat; and dry*

brittle hooves." Rex Ewing, Beyond the Hay Days

MSM is also a component of the **Free & Easy** formulas and is available in capsule or bulk form.

Be aware that **Sulfur** can react to amalgam fillings in the mouth producing a metallic taste. ■