

# CANCER HOPE

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. . . the true  
story of a Stage IV  
cancer recovery

By Rowan Emrys, CNMT, CST

When given the diagnosis of cancer, most individuals are aware of only the options given to them by the oncologist. Usually these options consist of surgery, radiation or chemotherapy designed to attack and kill the tumor or tumors. While such treatment can be effective at times, even the doctors and researchers themselves agree that such treatments can carry a heavy toxic load. It has been my belief for decades that you essentially cannot poison a living body to health and that cancers, any and kinds, are the end products of toxic overload.

However, there are other approaches which have proven successful time after time whether as a total alternative or, perhaps more frequently, as an adjunct to one of the medical options.

As a therapist, I would like to share the remarkable story of an active, and previously very healthy, elderly client (in his 70's and who wishes to remain anonymous) diagnosed with extensive and invasive Stage 4 prostate cancer, but who, with prompt cleansing, plus nutritional and supplement intervention, was in total remission five months later.

This case is really quite radical and has to give anyone with any sort of cancer some profound hope and trust that similar results could happen to them if they, too, would follow the general protocol adjusted to their personal needs and create a similar attitude toward living and dying. I believe the keys to any disease state are detoxification, strong nutritional support, and philosophical/spiritual clarity.

## BACKGROUND

Over the summer and fall of 2005, EG had to push harder and harder to get things done that previously

had been of absolutely no consequence. His wife noticed that his face aged years within only a few months becoming gaunt with sunken eyes. By Christmas, he could barely rouse the energy to make a very simple family holiday meal which he had wanted to do plus he had precipitously lost an alarming 30 pounds of weight so that his pants hung on him.

During the fall, vague pains he had been feeling for some months sort of coagulated, to use his word. There was enough discomfort in his right upper leg/groin and upper back that he spent almost a week in November in his bathrobe getting others to deal with his chores; an utterly unknown action before this. He simply attributed all of this to aging and the fact that probably his arthritis was finally catching up to him.

After some massage work failed to relieve his symptoms, the therapist wisely persuaded him to see not only a chiropractor but also that he visit a naturopathic physician, especially since he was experiencing considerable nausea. EG saw the chiropractor twice during December but the adjustments not only would not hold, but hurt him terribly with the discomfort spreading throughout his ribcage, zeroing in on his sternum. It was this that drove him to finally make an appointment on January 18, 2006 with the naturopath who immediately did a complete blood panel. The results were devastating:

- PSA/2062.9 (normal is .1 to 4),
- SGOT/72,
- Alkaline Phosphatase/249,
- C Reactive Protein/140

and although his Bilirubin/.5 indicated normal lymph action, his hemoglobin count was down to 8.9. indicating severe anemia possibly from internal bleeding.

From this, the naturopath said it looked like metastasized prostate cancer and he set up an appointment with an oncologist for the following Friday, January 27.

EG had not seen a medical doctor in well over 20 years because his health was so outstanding. The oncologist suggested a PET scan before further discussion; it was accomplished on Wednesday, February 1. The results, which EG was told the following week, confirmed 4th stage primary prostate cancer with invasion of the urethra and lower bladder plus secondary bone tumors throughout the entire right pelvic region going into the femur and up the spine with emphasis on T2-4 and the sternum; right where he had the pain that sent him to the chiropractor in the first place. The doctor stated he was both far beyond any possible surgical intervention or radiation treatment, and that the only therapy for such an advanced case consisted of hormone therapy.

When EG suggested to the oncologist that he needed 6 months to get financial matters cleared up for his wife and family, the doctor replied he hoped to give him that with the hormone therapy (monthly Lupron injections and daily Casodex/50 mg pills), the only apparently somewhat successful treatment at this stage, but that he certainly could not guarantee even close to that long considering the extreme severity of his condition. He was thinking more in terms of weeks rather than months.

## PROTOCOL

EG had eaten well his entire life, had been on excellent supplementation for the last 40+ years, and moved to Dynamite supplements in the mid-1990's. At that time, he started with the daily basics (Elixir, Regular & TriMins) plus Hiscorbadyne, Zinc+, Free & Easy and Izmine. In 2004, he added in Carlson's fish/cod liver oil.

Upon the initial January diagnosis when he asked my opinion, we began muscle-testing supplements to arrive at the best personal protocol for his situation. I had just come across Natural Cellular Defense drops, a liquid mineral zeolite originally pat-

ented as a cancer drug. EG tested for 15 drops 4 times daily and started on them upon their arrival to his home the following day. As for his daily Dynamite regimen, he tested for Trace Minerals Concentrate/30drops 3x daily (apparently to stop internal bleeding and build his blood quickly), Dynamite Regular/6 caps, TriMins/6 caps, Elixir/2oz, Hiscorbadyne/18 caps (he was unable to tolerate SOD at all), Zinc +/6 caps, Free & Easy/12 caps, Iron+2/6 tabs (although this product had just been discontinued, we thankfully found some in stock), and Izmine/6 caps. In addition, Jim Zamzow, Founder and President of Dynamite Marketing, supplied EG with a special blend of exotic mushrooms of which he took 2 daily. He also increased his Carlson's Cod Liver Oil to 6 daily and began consuming 18 raw dessicated liver capsules (Carlson's) daily.

His lack of appetite and aggressive nausea made it very difficult to consume his supplements and impossible to eat. He tested positive only for raw free-range milk/cream and an increase of raw vegetable juice from 2 oz daily to 16 oz daily of a kale, beet, carrot, parsley, apple mix with a bit of fresh lemon juice and a raw range free egg yolk added. This combination was geared to help build his blood, support his immune system, and supply high levels of complex anti-oxidants.

For solids, he tested for however many handfuls (his wife said he usually consumed 2-3 per day) of a home-made trail mix I created consisting of equal portions by volume of dried blueberries/cranberries/goji berries, walnuts/almonds/sunflower seeds/pumpkin seeds, raw shredded coconut & just some raw cocoa nibs (very high in antioxidants but bitter tasting). This, along with frequent mugs of nutritious pureed homemade soups and stews, was his sole diet until his appetite returned in a couple of months.

## RESULTS

Within three weeks of beginning the new program, EG's vertebral, sternal and groin pains lessened considerably to the point where he no longer groaned when urinating or hunched over when sitting or walking. The blood panel taken on February

23 indicated his PSA count was already down to just over 1500 and his hemoglobin was up to 9.3. Both definitely in the right direction.

Subsequent blood tests over the next few week, then months, continued to be incredibly encouraging: March PSA/52.88, hemo/9.2; April PSA/0.45, hemo/12.5, and May PSA/0.11, hemo/14. With normal ranges of PSA being 0.1-4.0 and adult male hemoglobin being 12-14, both counts, as of May, were well within ideal range. His oncologist told him he had never seen such a complete turn-around in all his 30 years of treating cancer and wanted to perform another PET scan just to compare the differences. EG refused stating the blood tests and his regaining his health were proof enough to him.

Although the office considered EG in remission, continued monitoring was advised to which EG agree. Follow-up testing was scheduled monthly and by fall they were re-scheduled for every 3 months when his Lupron injection was given. His Casodex pills were canceled. Now, at almost 18 months after his original diagnosis, EG is feeling great and has gained back all the lost weight, joking that it's a good thing he didn't go out and waste money on new pants. He is thrilled that he can continue to enjoy life and his loving family for an undetermined length of time saying we all have to go sometime but he's glad of the extra time so he can finish all his considerable business and personal ventures and even start new ones.

He made the decision to continue taking the larger quantity of fresh vegetable juice daily until he dropped down to 8-10 oz daily in the fall of 2006. Starting that summer, we gradually weaned him down off his exceptionally high dose of TMC until he was on a daily maintenance dose of 4 drops per day by fall. He also dropped slowly down to the normal 3 drops/3x daily of his NCD, but takes the regular cleansing dose (10 drops/3x daily for 10 days) on a quarterly basis. Plus he is down to his standard maintenance doses of all supplements.

Since the approach here was so multi-faceted and intense, it is hard for EG to specifically point to any one thing as being primary although he claims the juice and both sets of drops (NCD and TMC) were

most definitely paramount. In fact, he says he started to feel hints of returning energy within a week of starting those, but it still took a while for him to feel more like his old self.

Part of his initial lack of vocalization about feeling better, he thinks, was due somewhat to his fear of "jinxing" the good that was occurring! Of course he, and many others, were also praying for whatever his soul needed (accepting if necessary his transition). Also, he was doing breathing and energy-promoting exercises I devised for him according to his ever-changing physical abilities. And of course all of this on a basically well-nourished and well-mineralized body thanks to those years of Dynamite supplements that his wife gave him!

I would put EG's recovery down to not only the protocol he followed, including his choice to utilize hormone therapy, but also to his attitude of forging ahead while accepting fully the cancer and the possibility of total cure without ever going into a victim mode. He continued to live life to the fullest even when he was only able to read a bit in his bathrobe and continues living life to the fullest as he finds ever more goals to accomplish.

And the results of quarterly blood tests still confound his oncologist!

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*Colorado Gold Director Rowan Emrys, a certified Neuro-Muscular Massage Therapist, has been in allied health fields for over forty years. She currently has two books, HorseSense and Living Energetically, available on her website, [www.tarryall.net](http://www.tarryall.net), and is working on her third, The Real Food Diet. Rowan has been a Dynamite Distributor since 1993.*